

AN INSIGHT TO SOUL TIES



ROMANS 12:1-2

- ❑ I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.
- ❑ And be not conformed to this world: but **be ye transformed by the renewing of your mind**, that ye may prove what is that good, and acceptable, and perfect, will of God.

STUCK

- ❑ fixed or become or remain fixed;
- ❑ lose or be deprived of the power or motion or action through adhesion or jamming or other impediment;
- ❑ put in a specified position or place;
- ❑ unable to progress;
- ❑ adhere or become firmly fixed or trapped in a position or place;
- ❑ unable to get rid of

STUCK

- Saved in our spirit
- Mind being saved
- Body will be changed

STUCK

Many of us have been sinned against and with that comes:

- ❑ anger – a feeling of helplessness that comes out in rage, domestic violence
- ❑ abuse, hostility
- ❑ problems, dysfunction
- ❑ fear, mistrust
- ❑ anxiety, negative attitudes
- ❑ confused

STUCK

- ❑ in your mind and can't tell anybody
- ❑ and can't figure it out
- ❑ worried
- ❑ depressed
- ❑ embarrassed about
- ❑ ashamed about it
- ❑ confused
- ❑ locked up - a victim in my own head

TYPES OF PEOPLE

- ❑ **Predator** – the oppressor; they inflict their will on others, abuse, oppress because they are being used by Satan.
- ❑ **Victim** – person who innocently receives the negative impact of the force of the predator
- ❑ **Victimised** – stuck - produce after their own kind.

“Hurting people hurt
people.”

Joyce Meyer – “Healing the Soul
of a Woman”

Deuteronomy 2:1-3

- ❑ Then we turned back and set out toward the wilderness along the route to the Red Sea, as the LORD had directed me. For a long time we made our way around the hill country of Seir.
- ❑ Then the LORD said to me, ³ “You have made your way around this hill country long enough; now turn north.

WILDERNESS

- tends to resist growth
- lacks irrigation
- is a dry place
- memories blowing through your mind like weeds through the desert and you have to go through all those past experiences to get to liberation

SHAPE

- **Spiritual gifts**
- **Heart**
- **Abilities**
- **Personality**
- **Experience**

Rick Warren - Purpose Driven Life

SHAPE: YOUR EXPERIENCES

- Family experiences:** What did you learn from growing up in your family?
- Educational experiences:** What were your favourite subjects in school?
- Vocational experiences:** What jobs have you been most effective in and enjoyed most?

What is the Soul?



What is a Soul Tie?

- ❑ Is it Biblical?
- ❑ Words such as “knit” and “cleave” are used to describe relationships.

Definition: “**Cleave**” knit together; bound up; to follow close; to be joined; to stick to cling to.

(Strong’s Exhaustive Concordance Dictionary).

What is a Soul Tie?

- ❑ An emotional connection or a bond with another person that unites them **or** a relationship where two souls are joined or knitted together and in a sense become as one.
- ❑ There are good, godly and healthy soul ties and ungodly, unhealthy soul ties (Ruth 1:16; Genesis 44:30-32).
- ❑ Soul ties can “empower or exploit, emancipate or dominate, enable or burden”.

Identifying Soul Ties

- ❑ Good soul ties will bear good fruit; examples: love, blessing, fidelity, loyalty, honour, righteousness, etc. The overall effect of the good soul tie will be to strengthen our emotional wholeness and our walk with God.
- ❑ Bad soul ties will bear bad fruit, examples: hatred, resentment, curses, manipulation, anger, strife, jealousy, control, bitterness, etc.

How are Soul Ties Formed?

- ❑ Spending a great deal of time with any person or thing leads to a bonding relationship with that person or thing.
- ❑ Two souls can knit and cleave together in a covenant relationship; they can also be tied or knitted together to form bondage.

How are Soul Ties Formed?

- Soul ties are formed in many different ways:
- Close Relationships
- Vows, Commitments and Promises
- Sexual Relationships

Unhealthy Soul Ties - Relationships

- Unhealthy relationships can be characterised by:
 - Manipulation
 - Guilt
 - Abuse (physical, emotional, verbal, sexual)
 - Co-dependency
 - Envy and/or lust

Examples of Unhealthy Soul Ties in Relationships

- Parents and children. Unhealthy family bonds can appear controlling;
- Sibling rivalry (Genesis 44:30)
- Marriage relationships
- Friendships

SYMPTOMS OF UNGODLY SOUL TIES

- Obsessive preoccupation with another, to the neglect of the things of the Lord.
- Tendencies to be domineering and controlling in a relationship.
- Tendencies to be passive and apathetic in a relationship (easily manipulated); inability to truly forgive from the heart.

SYMPTOMS OF UNGODLY SOUL TIES

- Another person's voice playing over and over in the mind like a tape-recorder.
- Inability to bring a relationship under the Godly order and control of the Holy Spirit.
- Patterns of anger, blame and accusations in a relationship.
- Fear of "being real with" or speaking truth to another (intimidation and fear of man).

Unhealthy Soul Ties – Power of Words

“Handle them carefully, for words have more power than atom bombs.” (Pearl Strachan)

How can what we say have the potential to become a tie that binds us?

- Words have power
(Genesis 1; Proverbs 18:21;
- Words can ensnare (Proverbs 6:2; 2 Kings 7: 1-2)

Healing for the Deepest Wounds

by Sheila Walsh from [5 Minutes With Jesus](#)

She just needed a little money to finish college. The price was steep, but she reasoned to herself that she wouldn't pay it for long. She was only ten units away from earning her degree.

But the price is always steeper than expected when the Enemy is offering the solution to our problems. Before she knew it, she was the one wearing a price tag.

When she finally escaped the man who had trafficked her, she still didn't have the money for college. Instead, she was completely broken and had a baby on the way. It was difficult to believe that anyone or anything had the power to heal her heart's deepest wounds.

Breaking Unhealthy Soul Ties

- We can **sever** unhealthy soul ties by praying in the authority of Jesus Christ.
- Identify the relationships that might need to be cut.
- Confess/repent from any sin you committed relating to it.
- Break the ties in Jesus' Name.
- Ask God to remove all negative effects and ask for restoration of your soul (Psalm 23:3).

A Confession & Declaration

- I confess and declare that I stand in the presence of God by the precious blood of Jesus. And I thank the Father for this new and living way of access in to His goodness and blessing.
- The blood pleads before the throne, beseeching the Father to have mercy on me.
- The sacrificial death of Jesus has cleansed me from sin. It has turned away the Father's wrath. It has released me from the devil. And it has cleared every obstacle between me and God.

A Confession & Declaration

- The blood now brings to my life all the merciful provision of the Father's great goodness.
- By the blood, I stand against satan and overcome his evil work. The blood is my security and protection. It is my pledge and my guarantee.

A Confession & Declaration

- I declare that the blood of the new covenant seals every promise of God to my life. It binds God to keep all His promises to me, and His Word can never be broken.
- I know that the blood will never lose its power, and I rejoice in Jesus my Redeemer.

Prayer

- Father God I recognise now that the relationship that I (have) had with (name person) was not right with You. I agree with You that it was wrong because(be specific).
- I am sorry and I choose to repent of all the ways that I let the relationship have a wrong hold on my life. Please forgive me and cleanse me from all that has not been right with You, through Jesus my Saviour. Amen.

PRAYER

Jehovah our covenant God, I confess every sin that you show me in my heart (**Name it**).

I repent of it.

I reject it.

I renounce it.

And I ask You in the Name of Jesus to forgive me of this sin and cleanse me from all unrighteousness associated with it.

GOD'S WORDS

Extracted from by Sheila Walsh from [5 Minutes With Jesus](#)

Psalm 51:12

Restore to me the joy of Your salvation and grant me a willing spirit, to sustain me.

Psalm 71:20

Though You have made me see troubles, many and bitter, You will restore my life again; from the depths of the earth You will again bring me up.

Psalm 6:2

Have mercy on me, Lord, for I am faint; heal me, Lord, for my bones are in agony.

Jeremiah 17:14

Heal me, Lord, and I will be healed; save me and I will be saved, for You are the one I praise.

Luke 1:37 NLT

The word of God will never fail.

Psalm 40:2 NLT

He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along.